## voloridge HEALTH

**Biomarker Strength** indicates how strongly a biomarker is correlated to a particular health domain, based on Voloridge Health models. This allows you to see which biomarkers contribute the most to your Volo™Score.

Biomaker	Strength		CV= Cardiovascular	
Cystatin C	CV=10	Kidney=10	Longevity =10	
HbA1c	CV=10	Kidney=10	Longevity =10	
GGT	CV=9	Kidney=7	Longevity =9	Metabolic=10
АроВ	CV=7			
hsCRP	CV=8	Brain=8	Longevity =7	

 $\label{thm:compare} The \textit{Volo}^mScore \ calculation \ is \ based \ on \ how \ your \ biomarkers \ compare \ to \ biomarkers \ of \ individuals \ of \ the \ same \ age \ and \ sex \ in \ the \ UK \ Biobank. \ The \ healthier \ your \ biomarkers, \ the \ healthier \ your \ Volo \ Score.$ 

## **Upgrade Your Next Blood Test**

## 5 MUST-ADD BIOMARKERS

- Cystatin C Protein in blood used to assess kidney health
- HbA1c Measures average blood sugar (glucose) over 90 days to assess metabolic health
- GGT Enzyme used to measure liver health
  - ApoB Protein that reflects total cholesterol-carrying particles in the blood, may contribute to cardiovascular health score accuracy
- hsCRP Liver protein that rises with inflammation, infection, or tissue damage, affecting cardiovascular, brain, and other health scores